



## Provider Resources

*For your convenience in finding behavioral health resources, Missouri Department of Mental Health (DMH) has compiled this list. These links will take you out of the DMH website. DMH neither endorse nor take responsibility for the content of other organization's websites.*

### **Military Sexual Trauma (MST)**

The **Center for Deployment Psychology** explains the prevalence of sexual assault, consequences, publications and links <https://deploymentpsych.org/disorders/sexual-assault-main>

**Military Sexual Trauma in Issues in Caring for Veterans.** The National Center for PTSD explains what MST is, some of the unique aspects of sexual trauma associated with military service, types of psychological response associated with MST victimizations and more.

[www.ptsd.va.gov/professional/treat/type/sexual\\_trauma\\_military.asp](http://www.ptsd.va.gov/professional/treat/type/sexual_trauma_military.asp)

**Trauma Exposure Measures.** Find questionnaires to help you screen for trauma, including sexual trauma. These instruments assess the types and/or degree of severity of trauma exposure. From the National Center for PTSD <http://www.ptsd.va.gov/professional/pages/assessments/list-trauma-exposure-measures.asp>

The Veterans Affairs **Community Provider Toolkit** features key tools to support the mental health services you provide to Veterans. You can find information on connecting with VA, understanding military culture and experience, as well as tools for working with a variety of mental health conditions. <http://www.mentalhealth.va.gov/communityproviders/>

Want to learn more about the military culture? MO DMH Veterans Services has partnered with PsychArmor to offer the Healthcare Provider Certificate at no cost. To register <http://bit.ly/HealthcareProviderCert>