



## Provider Resources

*For your convenience in finding behavioral health resources, Missouri Department of Mental Health (DMH) has compiled this list. These links will take you out of the DMH website. DMH neither endorse nor take responsibility for the content of other organization's websites.*

### **Military Cultural Training**

Want to learn more about the military culture? MO DMH Veterans Services has partnered with *PsychArmor* to offer the Healthcare Provider Certificate at no cost. To register

<http://bit.ly/HealthcareProviderCert>

*Understanding the Context of Military Culture and PTSD* by the National Center for PTSD. The target audience includes: Mental health leaders/clinicians, clinical managers, psychiatrists, psychologists, social workers, nurses, and primary care clinicians. At the conclusion of this educational program, learners will be able to: describe military terms and demographics, discuss stressors in the military, report programs offered by DoD relevant to combat and operational stress, describe implications of military culture for clinicians. [https://www.ptsd.va.gov/professional/continuing\\_ed/military\\_culture.asp](https://www.ptsd.va.gov/professional/continuing_ed/military_culture.asp)

### **Post-Traumatic Stress Disorder (PTSD)**

The *Department of Veterans Affairs* offers a professional section that provides information on trauma and PTSD for Researchers, Providers & Helpers. Topics include: types of trauma, assessments, co-occurring problems, early intervention and more. <http://www.ptsd.va.gov/professional/index.asp>

The National Center for PTSD offers a **PTSD Consultation Program for providers** who treat veterans. Any provider, including non-Veterans Affairs employees, who treats Veterans with PTSD can ask a question or request consultation about PTSD-related issues. Consultation is free. To learn more visit [www.ptsd.va.gov/professional/consult/](http://www.ptsd.va.gov/professional/consult/)

### **Substance Abuse**

The Department of Veterans Affairs has put together a **Substance Use Disorder Mini-Clinic**. This will provide clinicians with easy access to useful Veteran focused treatment tools. Substance use and dependence basics, assessing for a substance use problem, client educational materials, treatment & training and more. [http://www.mentalhealth.va.gov/communityproviders/clinic\\_sud.asp](http://www.mentalhealth.va.gov/communityproviders/clinic_sud.asp)

Clinicians can use ***Make the Connection*** as a tool to engage with Veterans or family members who may be reluctant to seek support. For more on this visit [www.maketheconnection.net/clinicians](http://www.maketheconnection.net/clinicians)

### **Traumatic Brain Injury (TBI)**

The **Center for Deployment Psychology** is a resource for health providers who are interested in gaining competency in working with individuals (military or civilian) who have sustained a TBI. The site describes TBI, offers online course (both free for no CEs and a fee to earn CEs), publications and related links [www.deploymentpsych.org/disorders/tbi-main](http://www.deploymentpsych.org/disorders/tbi-main)

As a health professional treating service members, you have an important role on the forefront of military medicine. **Real Warriors.net** provides TBI, combat stress and PTSD information specifically tailored to health care providers. Review evidence-based clinical practice guidelines, discover signs and symptoms of combat stress, learn in-depth specifics about military culture and access resources to help you become a TRICARE-accepting physician. <http://realwarriors.net/healthprofessionals>

The **Brain Injury Association of Missouri (BIA-MO)** works to reduce the incidence of brain injury; to promote acceptance, independence, productivity of persons with brain injury; and to support their families. Brain injury facts, resources, educational opportunities and more can be found on their web site. [www.biamo.org/about-brain-injury/](http://www.biamo.org/about-brain-injury/)

### **General Mental Health**

The Veterans Affairs **Community Provider Toolkit** features key tools to support the mental health services you provide to Veterans. You can find information on connecting with VA, understanding military culture and experience, as well as tools for working with a variety of mental health conditions. <http://www.mentalhealth.va.gov/communityproviders/>

### **Additional Information**

Information on becoming a TRICARE Provider. There are two networks for TRICARE in Missouri. The majority of state falls under TRICARE West (Health Net Federal Services, LLC) <https://www.tricare-west.com/content/hnfs/home/tw/prov/become-a-provider.html>

For those in the St Louis area visit TRICARE East (Humana)

<https://www.humanamilitary.com/provider/resources/become-a-tricare-provider>