



## Provider Resources

*For your convenience in finding behavioral health resources, Missouri Department of Mental Health (DMH) has compiled this list. These links will take you out of the DMH website. DMH neither endorse nor take responsibility for the content of other organization's websites.*

### **Military Cultural Training**

*The Military Culture and PTSD* by the National Center for PTSD. The target audience includes: Mental health leaders/clinicians, clinical managers, psychiatrists, psychologists, social workers, nurses, and primary care clinicians. At the conclusion of this educational program, learners will be able to: describe military terms and demographics, discuss stressors in the military, report programs offered by DoD relevant to combat and operational stress, describe implications of military culture for clinicians.

[https://www.ptsd.va.gov/professional/continuing\\_ed/military\\_culture.asp](https://www.ptsd.va.gov/professional/continuing_ed/military_culture.asp)

*School for Healthcare Providers who Treat Veterans & Their Families* by PsychArmor. The PsychArmor Institute offers several online course for healthcare providers working with the military community. Topics range from connecting to VA services, 15 things veterans want you to know, intimacy and emotional disconnect in military populations and much more.

<https://psycharmor.org/healthcare-providers/>

*Serving Our Veterans-Behavioral Health Certificate*. The curriculum is based on the latest evidence and clinical practice guidelines by the Department of Defense and Veterans Affairs for treating posttraumatic stress disorder, traumatic brain injury, addictions, depression and more. Courses include: Cognitive Processing Therapy for PTSD in Veterans and Military Personnel, Domestic and Intimate Partner Violence, Epidemiology of PTSD in Military Personnel and Veterans, Fundamentals of TBI and more.

<http://vets.cequick.com/veterans-behavioral-health-care-certificate.aspx>

### **Post-Traumatic Stress Disorder (PTSD)**

The *Department of Veterans Affairs* offers a professional section that provides information on trauma and PTSD for Researchers, Providers & Helpers. Topics include: types of trauma, assessments, co-occurring problems, early intervention and more.

[http://www.healthquality.va.gov/Post\\_Traumatic\\_Stress\\_Disorder\\_PTSD.asp](http://www.healthquality.va.gov/Post_Traumatic_Stress_Disorder_PTSD.asp)

### **Substance Abuse**

The Department of Veterans Affairs has put together a *Substance Abuse Mini-Clinic*. This will provide clinicians with easy access to useful Veteran focused treatment tools. Substance use and dependence basics, assessing for a substance use problem, client educational materials, treatment & training and more. [http://www.mentalhealth.va.gov/communityproviders/clinic\\_sud.asp](http://www.mentalhealth.va.gov/communityproviders/clinic_sud.asp)

### **Traumatic Brain Injury (TBI)**

*Defense and Veterans Brain Injury Center* offers concussion/mTBI fact sheets, TBI basics, case management resources, online education and more. <http://www.dvbic.org/audience/medical-providers>

Traumatic Brain Injury (TBI) and combat stress that leads to post-traumatic stress disorder (PTSD) have been described as the invisible, signature wounds of war. As a health professional treating service members, you have an important role on the forefront of military medicine. *Real Warriors.net* provides TBI, combat stress and PTSD information specifically tailored to health care providers. Review evidence-based clinical practice guidelines, discover signs and symptoms of combat stress, learn in-depth specifics about military culture and access resources to help you become a TRICARE-accepting physician. <http://realwarriors.net/healthprofessionals>

### **General Mental Health**

The Department of Veterans Affairs has put together a Community Provider Toolkit for those working with the military community. Mini-clinics offer mental health and wellness information and a free (non-credit) course on understanding the military culture.

<http://www.mentalhealth.va.gov/communityproviders/>

### **Additional Information**

*SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP)* is a searchable online registry of more than 280 interventions supporting mental health promotion, substance abuse prevention, and mental health and substance abuse treatment. We connect members of the public to intervention developers so they can learn how to implement these approaches in their communities.

<http://www.nrepp.samhsa.gov/>

*Mental Health Screening Program* is an anonymous tool clients can use to review their situation with regard to more common mental health issues including: PTSD, depression, anxiety, alcohol problems and more. This tool is hosted by Military Pathways. <http://www.militarymentalhealth.org/>

*Military One Source* provides non-medical counseling services to provide help with short-term issues to those who are eligible. <http://www.militaryonesource.mil/>

Information on becoming a TRICARE Provider. Being a TRICARE provider means that you are treating America's heroes - the people making sacrifices to keep America strong and safe.

<https://www.uhcmilitarywest.com/uhcmw/portal/provider/overview/>